



# Truck Driver

## Characteristics

A truck driver is a qualified worker who is able to safely drive loaded vehicles and transport goods on both short-distance and long-distance journeys.

## Activities

- Responsibility for the vehicle and checking its readiness for operation.
- Complying with the working schedule and defined route.
- Keeping records on the operation of the vehicle, arranging for and completing traffic documents, customs and other documents.
- Driving the vehicle in a proper and safe way with respect to the state of roads, the weather, the nature of the load and the traffic conditions while meeting the regulations on the driver's working hours.
- Maintenance and common repairs on the vehicle, checking tools, equipment and communication devices.
- Checking the vehicle loading, and if needed, helping with the proper distribution and safeguarding of the load respecting the defined carrying capacity of the vehicle.
- Checking the vehicle unloading, handing over accompanying documentation, possibly collecting revenues and fees.

## Qualification Requirements

### Professional Preparation and Certificates

**The most suitable preparation** for this position is provided by vocational school studies ended with the certificate of apprenticeship in the profession of a car mechanic, technical works for car repair services.

**It is also possible** to have vocational school studies ended with certificates of apprenticeship in general.

However, there are even more educational paths.

To perform the major part of work activities in this type position the worker usually has to have these certificates:

Driving trucks – driving licence Group C.

Driving trucks with trailers – driving licence Group E.

Operating road haulage for purposes of others – professional competences according to 111/1994 Coll.

### Professional Skills

To perform this type position the following practical skills are usually required:

Driving trucks, special road motor vehicles and road tractors with various total vehicle weights (3.5; 12; 16 and even more tons), Orientation in the regulations concerning driving trucks and road tractors and transporting loads on short-distance and long-distance journeys, Checking the readiness for operation of trucks and road tractors before setting out, checking the vehicle loading and safeguarding the load respecting the defined carrying capacity of the vehicle, Checking the vehicle unloading including handing over accompanying documents, or possibly collecting revenues and fees for the delivered goods, Filling in and keeping records on the operation of trucks and road tractors, arranging for and completing traffic documents, customs and other documents, etc...

### Professional Knowledge

To perform this type position the theoretical knowledge in the following fields is usually required:

basic treatment and maintenance of motor vehicles, etc...

### General Competence

The advance level requires these general competences:

driving motor vehicles

### Personal Requirements

This position requires very high demands for the range of visual field, ability to distinguish directions of sound and ability to accept responsibilities.

This position also includes high requirements such as distinguishing colours and colour shades, depth perception, distinguishing intervals, division of attention, vigilance, short-term memory, practical thinking, adaptability, self-control, independence and resistance to sensory stress.

It also includes requirements such as distinguishing the unevenness of the surface, concentration of attention, independent thinking and resistance to mental stress.

### **Health Requirements**

This position **cannot be performed** by those who have one or more of these diseases:

Seizure and collapse states.

Serious mental disorders, serious disorders in behaviour.

Grave, prognostically serious diseases of the circulatory apparatus.

Prognostically serious hearing disorders.

Raynaud's syndrom.

Prognostically serious diseases of vessels and nerves in upper limbs.

Prognostically serious diseases of air passages and lungs.

Prognostically serious eye disorders.

Prognostically serious diseases of locomotive organs disabling to load the spine and the trunk.